Welcome to the New Bi-monthly Islander for June and July

At the AGM, The Committee announced that we would keep the Islander as a paper copy and to save on postage we would publish it bi-monthly. So, this month you have both June and July's Event list, both lunches plus all our regular events and activities. I will send out an e-mail reminder to you all at the end of June, to update and remind you of what's coming in the following month. Our events and activities coordinators will also remind members of forthcoming events.

Just like to share this story "Potatoes, Eggs, and Coffee Beans".

Once upon a time a daughter complained to her father that her life was miserable and that she didn't know how she was going to make it. She was tired of fighting and struggling all the time. It seemed just as one problem was solved, another one soon followed.

Her father, a chef, took her to the kitchen. He filled three pots with water and placed each on a high fire. Once the three pots began to boil, he placed potatoes in one pot, eggs in the second pot, and ground coffee beans in the third pot.

He then let them sit and boil, without saying a word to his daughter. The daughter, moaned and impatiently waited, wondering what he was doing. After twenty minutes he turned off the burners. He took the potatoes out of the pot and placed them in a bowl. He pulled the eggs out and placed them in a bowl. He then ladled the coffee out and placed it in a cup.

Turning to her he asked. "Daughter, what do you see?"

"Potatoes, eggs, and coffee," she hastily replied.

"Look closer," he said, "and touch the potatoes." She did and noted that they were soft. He then asked her to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, he asked her to sip the coffee. Its rich aroma brought a smile to her face.

"Father, what does this mean?" she asked.

He then explained that the potatoes, the eggs, and coffee beans had each faced the same adversity—the boiling water. However, each one reacted differently. The potato went in strong, hard, and unrelenting, but in boiling water, it became soft and weak. The egg was fragile, with the thin outer shell protecting its liquid interior until it was put in the boiling water. Then the inside of the egg became hard. However, the ground coffee beans were unique. After they were exposed to the boiling water, they changed the water and created something new. "Which are you," he asked his daughter. "When adversity knocks on your door, how do you respond? Are you a potato, an egg, or a coffee bean?"

Moral: In life, things happen around us, things happen to us, but the only thing that truly matters is what happens within us. If your inner being needs a little help, then don't afraid to ask for support. We all deserve the best that this life can offer.

Silvana Evans

Heart Felt Thanks



As many of you already know I decided not to seek re-election to the MRA committee this time. I have enjoyed (mostly) 12 years as Events Co-Ordinator and Deputy Director and would like to thank those of you that have helped and supported me over that time.

A huge thank you to everyone that contributed to the collection arranged by the committee and presented to me at the AGM. A fabulous surprise and an amazing amount of cash (£636!) I will, of course, remain as a member of the MRA and look forward to many more years helping with activities and events when I am able.

Barbara Mason

MRA – NEW MEMBER(S) ALERT

A warm welcome to our new members: Alan and Christine Lowe, Rick and Hilary Kramer and Phyl Cain. [99]

Silvana Evans



Roll Up!! Roll Up!! Cash prizes to be won!! 32 serious Beetle Players headed the call to compete for the winnings. At the ring of the bell, all concentration was summoned to be first to complete the task. Amid much hilarity the final call of 'Beetle' would be heard, and the victors on each table moved on. The worthy winner was Ken Horsley with a score of 116, with Keith Glover and Adele Towns coming a close joint second. Sylvia Evans won the booby prize of a mixer lemon and lime drink to put with her gin in the evening! Many thanks to Deborah and others who put on a wonderful spread to end off the very enjoyable afternoon.

Ceila Marshall

A NOTE FROM THE MANAGEMENT COMMITTEE

Many thanks to all our members who attended the 2024 AGM, it was a great turnout with over 50 members. The minutes are available to view on our website www.manxretirement.org.

Notices

Tuesdays Whist – There will be no Whist on TT Race week, so no Whist on the 4^{th of} June.

Ramsey Coffee Morning will take place on Tuesday 18th June at 1030 and NOT 4th June. Barbara also mentioned that she will be resurrecting her Book Swap Club, so bring any books you may have and swap them with other members.

Wednesday's Tech Group on the 5^{th of} June will also **NOT** take place due to TT race week.

Fridays Mahjong - Now finished for the summer months but after the summer break it will be relocating from St. Paul's Hall to Mayfield House also in Ramsey. Look out for further updates in the August/September Islander.

Office Move: We are still actively looking for an office space and will update you as soon as we can. If anyone knows of any available office space suitable for us, please let us know.

Your Feedback: Always welcome, what would you like to see more or less of. Have you always wanted to visit somewhere? Try something new? Let us know what and we will see what we can do. Send an e-mail to Silvana or contact any of the Committee Members.

JUST FOR FUN \odot



- 1. Which fast-food franchise opened its first restaurant in 1952 in Salt Lake City, Utah?
- 2. The 1950s saw the astonishing rise in popularity in which kind of heeled shoe?
- 3. What was the name of the global 1951 hit for Nat King Cole?

May Answers

- 1. Towel Day, celebrated on 25 May each year, is a tribute to which popular British science fiction and comedy author who died in 2001? Douglas Adams
- 2. "Maggio" is the word for May in which language? MAY
- 3. Who wrote the line, "Rough winds do shake the darling buds of May"? William Shakespeare (in sonnet 18)

Silvana and John Evans